

The Fearless Way

The Transformative Power of Tibetan Mudras & Mantras

with Susan Sattler

Lineage-holder in the Vajrayana Tradition of Yuan Miao

Mini-workshop and book signing

Come join us as we create a pause in the holiday rush

Discover the power of mudras and mantras to help manage stress, elevate your consciousness, and embrace joy.

Celebrate the release of Susan's new book.

- **Connect with your own true nature...**
- **Attune to your own self-healing energy...**
- **Experience the reservoir of your inner peace...**

Sunday, Dec. 2

1:00 to 3:00

Devi Yoga Center

7151 Wilton Ave., Suite 103

Sebastopol

707-318-6538

www.deviyogacenter.com

This is a FREE event, but space is limited – please pre-register.

Info/registration: susan@universal-wisdom.com

or call 707-763-5326

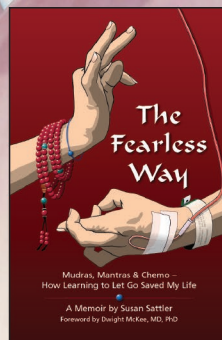


Susan Sattler became a lineage-holder of mudras and mantras in the Vajrayana tradition of Yuan Miao while using them to fearlessly embrace impermanence and to heal from cancer. She is the author of *The Fearless Way: Mudras, Mantras, & Chemo - How Learning to Let Go Saved My Life*. Devoted to these powerful practices, Susan teaches Universal Healing in workshops and classes throughout California and internationally. A practicing psycho-therapist, she has spent 25 years helping people move towards greater wholeness and unity in their lives.



"Susan's faith and effort in the practice of mudras and mantras enabled her to earn a lineage empowerment, and helped her recover from cancer." —Yuan Miao

Yuan Miao imparts a universal wisdom which transcends religion and promotes Oneness and joy.



BOOK SIGNING

**The Fearless Way:
Mudras, Mantras,
& Chemo -
How Learning to Let Go
Saved My Life**

www.thefearlesswaybook.com

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